

Find Your Own Oasis: A Teen Girl's Path to Wellness

Needing a safe, accepting place to turn? Feeling left out or confused? Overwhelmed with school, friendships, or your identity? It's tough being a teen sometimes!

Have fun, connect with peers, and feel more confident!

THIS IS YOUR GROUP!

Enter a judgment-free oasis, learn to stay true to yourself, act on your values, listen to your intuition, and practice standing up for yourself thoughtfully and responsibly



What: CONFIDENTIAL group for girls 14-17

When: Open to new members January 2020

Where: 11755 Pointe Place, Roswell, GA
30076

Cost: \$55 per group

MEET YOUR THERAPIST:

Emily R. Siegel, MSW, LCSW, specializes in providing therapy & support to teens with anxiety, depression, body image issues, self-esteem concerns, self-injury, & difficulty adjusting to life events. She is featured as a psychological expert in the media and is in private practice in Roswell.



Call or email Emily to register:
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678.822.7030
LIMITED SPOTS AVAILABLE!